



## This Week at Chabad Lubavitch of Maine



CANDLE LIGHTING TIMES  
FOR  
PORTLAND:

Friday, Jul. 30 7:48 pm

Torah Portion: [Eikev](#)

Chabad Lubavitch of Maine **Email:** [chabadofmaine@gmail.com](mailto:chabadofmaine@gmail.com) **Phone:** 207-871-8947 [www.ChabadofMaine.com](http://www.ChabadofMaine.com)



## Message from the Rabbi

Dear Friends,

The name of this weeks Torah portion Eikev is a double entendre. On a simple level, it means because or as a result of, referring to the opening lines of the portion which discuss benefits of adhering to G-ds commandments.

The other meaning is heelyes, the heel of a persons foot. Connecting these two meanings, the commentators explain that the Torah is in fact telling us about the reward for observing the mitzvahs that sometimes seem insignificant, those that can be stepped on with the heel.

The truth is that no mitzvah can ever be considered insignificant; if G-d commanded us to do something then it is important, no matter how much greater another commandment seems.

Big things, little things, and everything in between. If its from G-d, its significant.

Shabbat shalom.

Rabbi Wilansky



# Torah Studies



Join Rabbi Levi for an enriching class on the weekly Torah portion.

Tuesday, August 3, at 9:30 am

[chabadofmaine.com/zoom](https://chabadofmaine.com/zoom)



# Service Times

## Thursday

7:00 am

## Friday night

8:00 pm

## Shabbat day

10:30 am

## Kiddush and refreshments

12:30 pm



# Donate

Join in and become a partner in the work we do!

Help us continue our work



## This Week @ www.ChabadofMaine.com



BY THE NUMBERS

### 11 Facts to Know About Rabbi Levi Yitzchak Schneerson

Learn the life story of Rabbi Levi Yitzchak Schneerson, the Rebbes father, through images and short facts.

[More...](#)



ESSAY

### Marked by Fire: The Making of Rabbi Adin Even-Israel (Steinsaltz)

How a teenager adrift in Jerusalem was transformed into an internationally acclaimed scholar and educator.

[More...](#)



PARSHAH

### Can You Bribe Gd?

What does the question even mean? How would one bribe the Creator anyway?

[More...](#)



YOUR QUESTIONS

### Why Is the Torah Not Always Pronounced as Written?

At times, it is only a slight variance, but at others, it can be a completely different word.

[More...](#)



# Parshah in a Nutshell

## Parshat Eikev

In the Parshah of **Eikev** (Because), **Moses** continues his closing address to the children of Israel, promising them that if they will fulfill the commandments (**mitzvot**) of the **Torah**, they will prosper in the **Land** they are about to conquer and settle in keeping with Gds promise to their forefathers.

Moses also rebukes them for their failings in their first generation as a people, recalling their worship of the **Golden Calf**, the rebellion of **Korach**, the sin of the **spies**, their angering of **Gd** at Taveirah, Massah and Kivrot Hataavah (The Graves of Lust). You have been rebellious against Gd, he says to them, since the day I knew you. But he also speaks of Gds **forgiveness** of their sins, and the **Second Tablets** which Gd inscribed and gave to them following their repentance.

Their forty years in the desert, says Moses to the people, during which Gd sustained them with daily **manna** from heaven, was to teach them that man does not live on bread alone, but by the utterance of Gds mouth does man live.

Moses describes the land they are about to enter as flowing with **milk and honey**, blessed with the **seven kinds** (wheat, barley, grapevines, figs, pomegranates, olive oil and dates), and as the place that is the focus of Gds **providence** of His world. He commands them to destroy the **idols** of the lands former masters, and to beware lest they become haughty and begin to believe that my power and the might of my hand have gotten me this wealth.

A key passage in our **Parshah** is the second chapter of the **Shema**, which repeats the fundamental mitzvot enumerated in the Shemas first chapter, and describes the rewards of fulfilling Gds commandments and the adverse results (famine and exile) of their

neglect. It is also the source of the precept of prayer, and includes a reference to the resurrection of the dead in the messianic age.



# Chabad World News



ISRAEL

**Seventh Childrens Sefer Torah Completed  
Forty Years After First**

[More](#)



NORTH AMERICA

**100 Strangers Attend Jewish Burial for  
Man From Tiny Alaskan City**

[More](#)



NORTH AMERICA

**Estelle Hedaya, 58, Jewelry Executive:  
98th and Final Victim of Surfside Condo  
Collapse**

[More](#)



OBITUARY

**Rabbi Mendel Aronow, 93, Authentic  
Chassid Who Illustrated Fear of Heaven**

[More](#)

This email is sent from Chabad of Maine. We'd love to stay in touch with you, but if you wish to be unsubscribed from this list please [click here](#), or [click here](#) to manage your subscriptions.

Sent via ChabadOne  
Communicator